



time_{to}talk
befriending
Honouring Older People Events

Impact Report

Honouring Older People Event

Wednesday 25th May 2016

Muriel House, Ingram Crescent West, Hove, BN3 5NS

Impact Report: Community Outreach

On 19th April 2016 we achieved the following in partnership with Muriel House and the Brighton and Hove City Council Neighbourhood Team:

- 500 hand delivered invitations to older residents living in the Ingram crescent area of Hove who are invited to attend a special 'Honouring Older People Event' during Know My Neighbour week in May 2016. Approx half are presumed by the Council to be elderly.
- The aim is to celebrate the lives of older people in the area and help promote more community cohesion by promoting befriending, services and activities at Muriel house (a local seniors housing scheme who have provided the venue for the special event).
- During the outreach activity we:
 - ✓ Walked 16,478 steps between us!
 - ✓ Climbed 148 sets of stairs between us!
 - ✓ Raised awareness with local residents

Impact Report: Community Outreach




Would like to personally invite you to the
'Honouring Older People Event'

Wednesday 25th May 2016, 2.00pm – 4.00pm
 Muriel House, Ingram Crescent West, Hove

Transport can be provided
RSVP is required

Join us for traditional afternoon tea, music to sing along to, inspirational guest speaker and photographs of Brighton remembering how it used to be.

This event is for people aged 65+ living in the Ingram Crescent, Hove, Community. Join us and learn more about what amazing services and activities are available to you at Muriel House!

Please **call** Time to Talk Befriending to reserve your place on 01273 737710. Alternatively, please drop off the following **RSVP slip** to the Nina Enderfield the Seniors Housing Manager at Muriel House, Ingram Crescent West.

 RSVP Honouring Older People Event

Name: _____ Telephone Number: _____
 Address: _____
 I need transport: Yes / No _____ Dietary Requirements: _____




Impact Report: Honouring Older People Event

- 58 Older People attended. 18 were from the local community.
- 8 young people from Blatchington Mill School baked cakes and served tea and coffee to the guests.
- 2 Residents and the scheme manager at Muriel House helped the Time to Talk Befriending team set up, greet and bake scones in preparation for the day.
- Neighbours got to know each other for the first time and some neighbours were reacquainted with each other.
- 8 people said they would love to link in with the activities at Muriel House.
- 6 people expressed an interest in attending our monthly community Church Service held at Muriel House!



Impact Report: Honouring Older People Event

"I enjoyed this more than I ever expected I would."

"Thank you for such a special day!"

"I can't remember the last time I had a sing-along! Brilliant!"

"I've lived in the area for over 20 years but have never been here (Muriel House). I had no idea there were activities available to us!"

"When is the next event?!"

"I haven't seen M for years. I am so glad I came!"



Impact Report: **Event Outcomes**

- Attendees from the local community who as a result of the HOPE community outreach and event are now attending weekly or fortnightly Bingo Sessions at Muriel House: **5**
- Attendees from the local community who as a result of the HOPE community outreach and event are now attending weekly or fortnightly Exercise Classes at Muriel House: **3**
- Attendees from a neighbouring sheltered housing scheme that are attending Boccia and the KFC lunch: **2**
- People definitely interested in attending the monthly Church Service at Muriel House from August 2016 onwards: **4**

Mission Accomplished!

